

# Ambulatory Phlebectomy

## Patient Information

Ambulatory Phlebectomy is a technique, used in our treatment room, to remove large varicose veins.

The procedure consists of an injection of local anaesthetic around the varicose veins. Small hooks are used to remove the varicose vein. This is done over a period of approximately 1-hour.

You will be required to wear a bandage for 2 days after which time you will wear a compression stocking for approximately 10 days.

### Are there any complications?

Complications are uncommon with Phlebectomy, however, bruising and soreness following the procedure is usual and this is considered relatively normal.

Occasionally you may develop an infection or suffer from numbness of the skin around the treated area. It is possible but uncommon to be allergic to the local anaesthetic. Phlebectomy is overall a simple, safe technique and gives a good cosmetic result.

### Procedure Day

- Please arrive 15 minutes early for your appointment as this allows you to relax.
- You will need to take it easy for the first 24 hours following the procedure.
- The bandage can be removed and replaced with the compression stocking 48 hours following the procedure.
- Please have someone collect you from the practice following your procedure, as your leg is heavily bandaged.
- Please wear very loose clothing to allow for the bandage.
- Please do not take any aspirin or ibuprofen five (5) days prior to procedure.